



*The Journey Towards
Health, Safety &
Social Security*



June:
Driving Hope,
Delivering
Care,
Transforming
Lives

JUNE 2026

MILES OF HOPE

MATRIX SOCIETY FOR SOCIAL SERVICES

ABHAY SAARTHI

-Where Every Journey Begins with Better Health



Driving Change, One Truck Driver at a Time

As dawn breaks over Sanjay Gandhi Transport Nagar, thousands of trucks prepare to travel across the length and breadth of India. Behind every loaded vehicle is a driver carrying not just goods, but the responsibility of keeping the nation's economy moving. Yet, while these highways never sleep, the health and wellbeing of those behind the wheel often remain overlooked.

This June, a quiet but powerful transformation began at one of India's largest transport hubs.

The Abhay Saarthi Program, implemented by Matrix Society for Social Services (MASS) in collaboration with Foresight Foundation, under the guidance of Centre for Rural Development & Technology (CRDT), IIT Delhi, and supported by the Ministry of Road Transport & Highways (MoRTH), Government of India, brought healthcare, social security, and hope directly to the trucking community.

Rather than expecting truck drivers to seek healthcare amidst their demanding schedules, healthcare came to them—right where they live and work.

Through a carefully designed seven-counter service model, every beneficiary was welcomed, registered, medically examined, counselled, screened for vision problems, connected with government welfare schemes, and guided towards healthier and safer living—all under one roof.

For many truck drivers, it was their first comprehensive health check-up in years. For others, it became the first opportunity to understand their blood pressure, diabetes risk, eyesight, mental wellbeing, and eligibility for government benefits.

What began as a health camp soon became a space where drivers found not only medical care, but respect, reassurance, and recognition for the invaluable role they play in keeping India moving.



Every Number Tells a Story

By the time the first few weeks of the programme drew to a close, the health camp had become more than just a service point—it had become a place of trust. Word spread quickly among the trucking community of Sanjay Gandhi Transport Nagar. Drivers who had spent years ignoring their own health began making time for a visit. Some came seeking relief from persistent health concerns, while others simply wanted to know whether they were fit enough to continue the long journeys that sustain India's supply chains.

At every counter, stories unfolded. A routine blood pressure check revealed conditions that had gone unnoticed for years. A simple eye examination helped drivers see the road more clearly, reducing the risk of accidents and improving confidence behind the wheel. Conversations around stress and mental wellbeing encouraged many to speak openly about challenges they had silently carried through countless kilometres on the highway. Equally significant was the opportunity to connect drivers with government welfare schemes, ensuring that healthcare extended beyond treatment to long-term social protection.

What began as a health camp gradually evolved into a platform of dignity, awareness, and empowerment—where every consultation, every counselling session, and every pair of spectacles represented a life touched and a journey made safer.

The Impact in Just a Few Weeks

From 8 June to 2 July 2026, the programme reached 743 truck drivers, each receiving comprehensive health screening, medical consultation, mental health assessment, vision examination, and social security support. Eye care emerged as a critical need, with 456 drivers requiring vision correction and 397 beneficiaries already receiving spectacles to help them drive more safely and confidently. These numbers are more than achievements—they represent 743 lives touched, hundreds of safer journeys, and a growing movement towards healthier drivers, safer roads, and stronger communities. With every mile covered, the Abhay Saarthi Program continues to turn healthcare into hope and impact into lasting change.





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